



# Expansion Opportunities for Food Hubs

We sent a survey to food producers, processors, and distributors involved in local and sustainable food across Ontario, Canada.

We heard back from 125\* operations connected to **food hubs**.

Here's what we learned about **opportunities** and **challenges** around **food hub expansion**.

### What is a food hub?

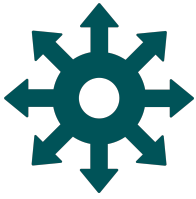
Food hubs are actual or virtual spaces that collect and distribute food to processors, retailers, restaurants, and/or consumers.

Food hubs can also provide space for other activities including food preparation, handling, processing, education, and/or training.

### What do we mean by "sustainable food"?

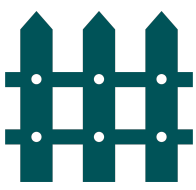
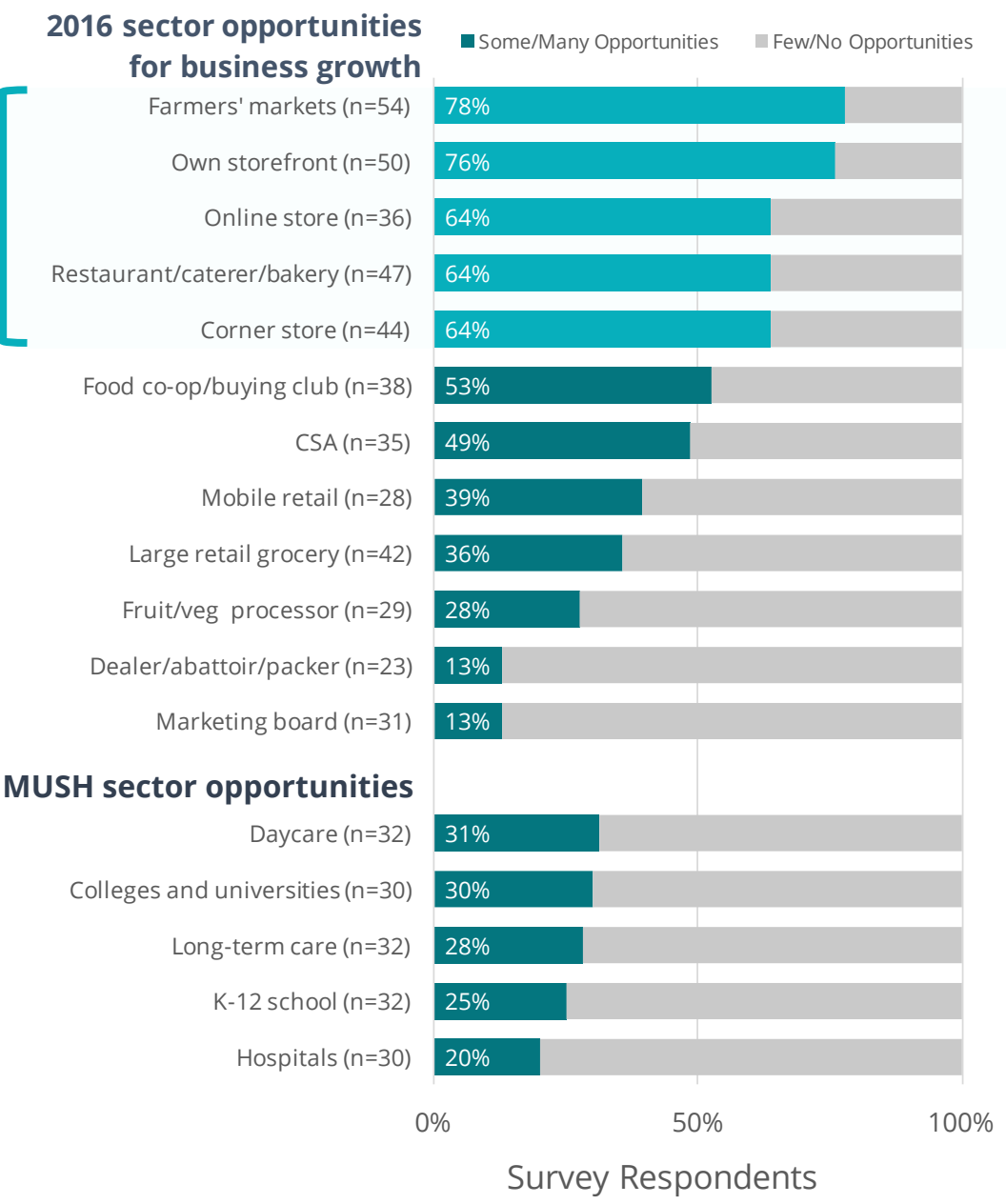
Sustainable food systems demonstrate varying degrees of economic viability, social justice/equity, and ecological regeneration from seed to plate

\*Our total sample was 125; response rates for each question may be lower.



## Opportunities for Food Hub Expansion

Food Hubs see the most opportunities for expansion and growth in **farmers markets and storefronts**, as well as **online stores, restaurants, and corner stores**.



## Challenges to Food Hub Expansion

**Access to capital, reliable seasonal or part-time labour, and meeting regulations** are top operating challenges.



Learn more about Ontario food hubs and sustainable food: [FLEdGEResearch.ca](http://FLEdGEResearch.ca) @FLEdGEResearch

This research was funded by the Ontario Ministry of Agriculture, Food and Rural Affairs and Wilfrid Laurier University.